



HOLY TRINITY CWL

ISSUE MARCH/24



A faithful man shall be greatly praised; and he that is the keeper of his Lord shall be glorified.?

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MESSAGE FROM HT CWL PRESIDENT:

NINA G. CARPIO

Dear Sisters in Christ,

This month which is dedicated to St. Joseph is special to me, as he is my patron saint. I have a statue of "sleeping" St. Joseph, by my bedside which reminds me about how lovingly he took care of his family, the Holy family. Because of this I believe that he too can take care and protect all of us, being children of God's family. I've learned that symbolic of the Gospel, it was always in his sleep when St. Joseph received messages from heaven about Mary, the dangers of Herod, and the name the Child Jesus would take. These messages led to the flight to Egypt to protect his family. Pope Francis has been known to have said that he puts this great saint to work a lot, as he often slips written prayer requests under his statue. He assured us that St. Joseph certainly gets the job done and does it well; and one just needs to be patient. Some of the qualities Pope Francis appreciates in him are: tenderness, silence, concealment (avoiding the spotlight), and his vocation to protect. Inspired by St. Joseph, let us also follow his example of authentic service, and never forget to call on him to intercede for us in prayer.

During this season of Lent, I continue to encourage you all to join us at the Soup and Silence sessions every Friday at 6pm to meditate on Jesus' passion and death, before joining Father Lucio for the Stations of the Cross at 7pm. I also encourage you all to come and join us for the annual CWL Retreat this coming April. We promise it will be an enlightening experience. Finally, for those of you who are single mothers or may know anyone who is, we invite all to come to our next General Assembly on Monday March 4th at 7pm where Sr. John Mary Sullivan will tell us how Momentum can provide valuable support and prayers for single mothers, and help them experience God's love in a very special way. I look forward to seeing you all then! Thank you and God bless.

"THOUGH YOU HAVE RECOURSE TO MANY SAINTS AS YOUR INTERCESSORS, GO ESPECIALLY TO ST. JOSEPH, FOR HE HAS GREAT POWER WITH GOD." – ST.THERESA OF AVILA.

THE MONTH OF MARCH IS DEDICATED TO ST. JOSEPH

We don't know much about him except what is mentioned in the Gospels. Joseph was the husband of the Blessed Virgin Mary and the foster-father of Jesus. Holy Scripture proclaims him as a "just man," and the Church has turned to Joseph for his patronage and protection. Pope Leo XIII in his encyclical *Quamquam Pluries* (On the Devotion to St. Joseph) in 1889 explains why we place so much trust in this saint:

"Thus in giving Joseph the Blessed Virgin as spouse, God appointed him to be not only her life's companion, the witness of her maidenhood, the protector of her honor, but also, by virtue of the conjugal tie, a participator in her sublime dignity. And Joseph shines among all mankind by the most august dignity, since by divine will, he was the guardian of the Son of God and reputed as His father among men. Hence it came about that the Word of God was humbly subject to Joseph, that He obeyed him, and that He rendered to him all those offices that children are bound to render to their parents. From this two-fold dignity flowed the obligation which nature lays upon the head of families, so that Joseph became the guardian, the administrator, and the legal defender of the divine house whose chief he was. And during the whole course of his life he fulfilled those charges and those duties. ...It is, then, natural and worthy that as the Blessed Joseph ministered to all the needs of the family at Nazareth and girt it about with his protection, he should now cover with the cloak of his heavenly patronage and defend the Church of Jesus Christ."

"Of all the people I have known with a true devotion and particular veneration for St. Joseph, not one has failed to advance in virtue; he helps those who turn to him to make real progress. For several years now, I believe, I have always made some request to him on his feast day, and it was always been granted; and when my request is not quite what it ought to be, he puts it right for my greater benefit."
— St. Teresa of Avila

By Eliane Miranda
HT CWL Communications

THE HOLY FATHER'S INTENTIONS FOR THE MONTH OF MARCH 2024

For the new martyrs

We pray that those who risk their lives for the Gospel in various parts of the world inflame the Church with their courage and missionary enthusiasm.

Prayer to St. Joseph

Oh St. Joseph whose protection is so great, so strong, so prompt before the Throne of God, I place in you all my interests and desires.

Oh St. Joseph do assist me by your powerful intercession and obtain for me from your Divine Son all spiritual blessings through Jesus Christ, Our Lord; so that having engaged here below your Heavenly power I may offer my Thanksgiving and Homage to the most Loving of Fathers.

Oh St. Joseph, I never weary contemplating you and Jesus asleep in your arms. I dare not approach while He reposes near your heart.

Press Him in my name and kiss His fine Head for me, and ask Him to return the kiss when I draw my dying breath.

St. Joseph, Patron of departing souls, pray for us. Amen



WE are **POWERFUL**
when we are **TOGETHER**

General Meeting

MONDAY, MARCH 4TH, 2024 7:00PM
HOLY TRINITY CHURCH HALL

A wonderful opportunity for women to gather, share, pray and learn more about Momentum, a faith community for Catholic single mothers that offers support.

Sister John Mary Sullivan will be speaking on this new ministry, Momentum which began in our Vancouver Archdiocese last year. Sr. John Mary is the associate director of the ministry and outreach program in the Vancouver Archdiocese. This ministry provides support for single mothers with children or pregnant.

She will be informing us about the program and how we can support this important ministry that directly supports women and their children including those that are unborn.

Theme

Momentum

**A FAITH COMMUNITY FOR CATHOLIC
SINGLE MOTHERS.**

GUEST SPEAKER



Sr. John Mary Sullivan

Sister John Mary Sullivan, a Franciscan Sister of the Eucharist, holds a Masters in Theological Studies from the John Paul II Institute at Catholic University of America in Washington, D.C., and is a License Marriage and Family Therapist. She earned her Masters in Marriage and Family Therapy at Central Connecticut State University. Sister John Mary is currently working for the Archdiocese of Vancouver as an associate director in Ministries and Outreach and is the coordinator for Marriage and Family Ministries.



CWL PRIESTS AND DEACONS APPRECIATION DINNER 2024

Dear Father Lucio,

On behalf of our sisters at CWL, thank you very much coming out to join us tonight for this lovely dinner in your honor. Hope you enjoyed the evening and just wanted to express once again how special you are, how much we appreciate you and are continuing to keep you in our prayers.

God bless,
Nina



CONGRATULATIONS

Favourite Childcare Centre

★ **Mira's Happy House**

Congratulations to CWL member Mira Borejszo and her staff at Mira's Happy House who placed first in the North Shore News Readers Choice Awards for 2024

CALL TO SERVICE:

a. We are still looking for one volunteer to bring soup (12 portions) on March 8th and March 15th for Soup and Silence.

Anyone interested in bringing soup on any of those days to please contact Roselia (778-233-3835).

b. Sister Margaret's 25th Silver Jubilee year reception is on Saturday, May 11 after the 8:30am mass. Those who wish to volunteer to serve or offer to bring food for the event, please contact [Linda at htcwlpres@gmail.com](mailto:linda_at_htcwlpres@gmail.com) for more information. All are invited to attend and celebrate Sister Margaret's special milestone.

c. Holy Trinity Parish Spring Break Cleaning – March 11-15. Volunteers are needed to help Father Lucio sort items in storage to be given away, replaced, or disposed of. Please contact Nicole at nickitancredi@gmail.com.

ANNOUNCEMENTS:

CWL VANCOUVER DIOCESAN BURSARY.

Two Bursaries are available to be awarded. Applications still being accepted. **A bursary of one thousand dollars (\$1000) shall be given to each student entering first year full-time in Post- Secondary education whose mother, grandmother or legal guardian is a League Member.** Application form is available in the CWL Vancouver Diocesan website: <https://vancouvercwl.ca/vancouver-diocesan-bursary-application-form-2/>

Pls submit all completed forms and required documents on or before April 5th 2024 to:

Mrs. Paula Stewart
301C, 702 School rd
Gibsons BC V0N1V9
Or send email to: pauladianestewart@yahoo.ca

HOLY TRINITY CWL PARISH EXECUTIVE 2024-2025

Our Holy Trinity CWL Parish Executive will be preparing to adopt the new structure recommended by CWL National for the years 2024-2025 onwards as follows. More information from our Nominations Committee to come soon:

CWL Parish Executive

President
Vice-President
Secretary
Treasurer
Past-President

Committees:

Faith
Service
Social Justice

KEY DAYS IN MARCH

Anniversary of the Death of Anne Frank (date unknown)
4. Casimir of Poland
7. Perpetua and Felicity
8. John of God – International Women's Day
9. Frances of Rome
18. Cyril of Jerusalem
19. JOSEPH, SPOUSE OF MARY, Solemnity
21. International Day for the Elimination of Racial Discrimination
23. Turibius of Mogrovejo
24. PALM SUNDAY OF THE LORD'S PASSION, Holy Week
25. International Day of Remembrance of the Victims of Slavery and the Transatlantic Slave Trade
26. Anniversary of the Publication On the Development of Peoples (Vatican)
28. Holy Thursday, Triduum
29. **Good Friday of the Lord's Passion, Triduum**
30. Holy Saturday, Triduum
31. **EASTER SUNDAY OF THE RESURRECTION OF THE LORD, Triduum**

CALL TO PRAY FOR COMFORT, HEALING AND STRENGTH FOR:



Tanya Stratis

Elmer Pagtanac and family

Dr. Ofelia C. Adapon

Milette C. Pena

Noel Gutierrez

Bobby Pang Ting Kwai (passed away Feb15, 2024)

Core Values

FAITH – following Catholic teaching **SERVICE** – local, national and international

SOCIAL JUSTICE – actively involved in society

NEW – RECIPES

Classic Waldorf Salad

Ingredients

2 cups diced tart apples , or 2 apples
1 tablespoon sugar
2 teaspoons lemon juice
1 cup diced celery
1 cup grapes , halved
½ cup toasted walnuts or pecans , roughly chopped (toasted)
½ cup whipping cream , whipped (or yogurt)
¼ cup mayonnaise
½ teaspoon kosher salt



Instructions

Add the diced apples to a large mixing bowl and sprinkle with the sugar and lemon juice. Toss to coat. Add the celery, grapes, and nuts. In another bowl, whip the whipping cream until peaks form, then gently fold in the mayonnaise. Fold into the apple mixture and season with the kosher salt. Taste and adjust the seasoning to your liking. Chill for 1 hour or overnight. Serve by itself or on a lettuce leaf.

Classic Waldorf Salad – foodiecrush.com

Send by: Elena Fleming

UNITE *the* **NATION**

The Largest Catholic Women's Organization in Canada

TRUTH AND RECONCILIATION

Thank you to everyone who had joined us at our last General Assembly in February. It was well attended, including our members, parishioners and guests from other parishes such as from CEL St Pius. The following are the valuable references provided by our guest speaker James Borkowski in regard to the topic of Truth and Reconciliation. May these provide a continuation of the things we have learned, that we may better understand and take greater steps to grow in our relationship and love our indigenous brothers and sisters.

Book Recommendations:

1. A Knock on the Door, The Essential History of Residential Schools from the Truth and Reconciliation Commission of Canada
2. A National Crime, The Canadian Government and the Residential School System, 1879 to 1986 by John S. Milloy
3. Aboriginal Peoples and Politics by Paul Tennant
4. Among God's Own, The Enduring Legacy of St. Mary's Mission by Terry Glavin and Former Students of St. Mary's
5. Andy Paull, As I Knew Him and Understood His Times by Herbert Francis Dunlop, OMI
6. Cross in the Wilderness by Kay Cronin (also attached)
7. Number One, Secrets and Survival at an Indian Residential School by Bev Sellars
8. Mission on the Inlet, Thomas A. Lascelles, OMI 1984
9. Roman Catholic Indian Residential Schools in British Columbia, Thomas A. Lascelles, OMI

Question and Answers from the RCAC Website:
<https://rcav.org/first-nations/questions-answers>

Core Purpose

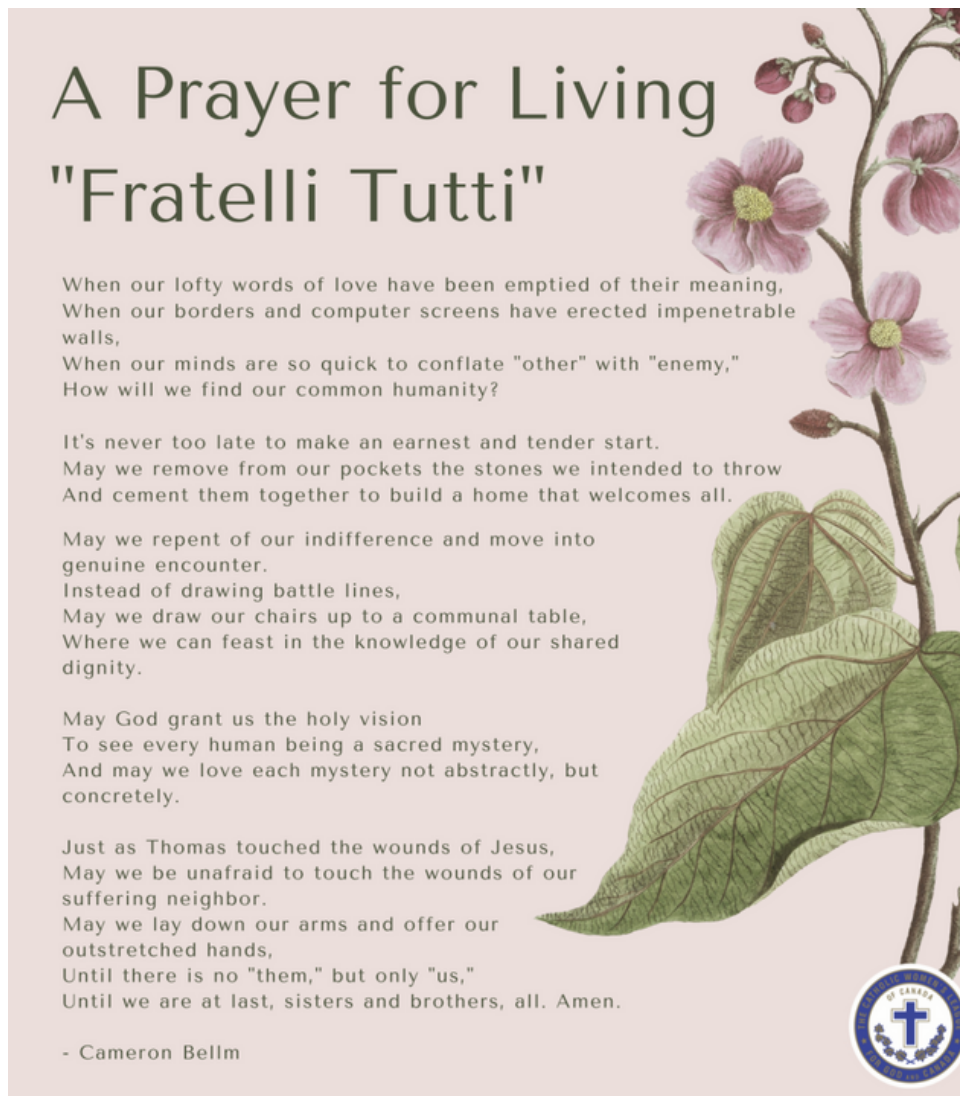
Uniting Catholic women to grow in faith, and to promote social justice through service to the church, Canada and the world.

WORLD DAY OF PRAYER

The World Day of Prayer is an invitation for Christians to pause and pray together ecumenically. It recalls our Christian responsibility to be sensitive to the signs of the times so that we might bring a more authentically Christian dimension to the concerns of our world, our country, our community. Sponsored by the Women's Inter-Church Council of Canada, it is celebrated in approximately 165 countries. (Ordo)

This year's theme is "I Beg You... Bear With One Another in Love," Members are invited to unite their hearts in the accompanying prayer.

source: <https://www.cwl.ca/world-day-of-prayer/>



A Prayer for Living "Fratelli Tutti"

When our lofty words of love have been emptied of their meaning,
When our borders and computer screens have erected impenetrable walls,
When our minds are so quick to conflate "other" with "enemy,"
How will we find our common humanity?

It's never too late to make an earnest and tender start.
May we remove from our pockets the stones we intended to throw
And cement them together to build a home that welcomes all.

May we repent of our indifference and move into genuine encounter.
Instead of drawing battle lines,
May we draw our chairs up to a communal table,
Where we can feast in the knowledge of our shared dignity.

May God grant us the holy vision
To see every human being a sacred mystery,
And may we love each mystery not abstractly, but concretely.

Just as Thomas touched the wounds of Jesus,
May we be unafraid to touch the wounds of our suffering neighbor.
May we lay down our arms and offer our outstretched hands,
Until there is no "them," but only "us,"
Until we are at last, sisters and brothers, all. Amen.

- Cameron Bellm

Virtual Access to the 104th Annual National Convention of The Catholic Women's League of Canada

The \$20.00 cost of registration includes access to all plenary sessions and the annual meeting of members. In addition, you will receive a digital copy of the registration kit once it become available.

Save the date: Aug 12, 2024 8:00 AM CST

Let's get you registered here:

<https://event.gotowebinar.com/event/1b3f6c06-939c-40db-b6ab-c5bd085334c2>

PRO-LIFE CORNER

Join us for a monthly Mass and and vigil to pray for respect for all human life, from conception to its natural end. Hosted by the Archdiocese of Vancouver, it takes place on the first Saturday of each month at 9 a.m. (unless otherwise stated below). It begins with Mass, followed by the rosary and other prayers either at a church with Adoration or at a local hospital. All are welcome!

**Pro-life Mass
& Prayer Vigil**

To defend and promote life, to show reverence and love for it, is a task which God entrusts to every man, calling him as his living image to share in his lordship over the world. (Evangelium Vitae #42)

February to August 2024 Mass Schedule
All Masses at 9:00 a.m. unless otherwise stated

Feb. 3	Blessed Sacrament Parish 3040 Heather Street, Vancouver
Mar. 2	Guardian Angels Parish 1161 Broughton Street, Vancouver
Apr. 6 8:30 am	Holy Trinity Parish 2725 Lonsdale Avenue, North Vancouver
May 4	St. Mary's Parish (Vancouver) 5251 Joyce Street, Vancouver
June 1	St. Bernadette's Parish 6543 132 Street, Surrey
July 6	St. Clare of Assisi Parish 2888 Delahaye Drive, Coquitlam
Aug. 3	St. Joseph's Parish (Mission) 32550 7th Avenue, Mission

One of the fundamental answers to abortion is prayer.

Please join your voice with ours as we pray on the first Saturday of each month at a different parish for a new culture of life.

For more information: 604-683-0281



As we progress through Lent here are two opportunities to participate in promoting a pro-life message in a tangible way.

1. 40 DAYS FOR LIFE LENTEN CAMPAIGN – Feb 14 to March 24, 2024: THE PLACE TO STAND AND PRAY IS ON WILLOW ST. AT 32ND AVENUE, NEAR THE FIRE HYDRANT, IN FRONT OF ST. JOSEPH'S RESIDENCE. 40 Days for Life is an internationally focused pro-life campaign with a vision to access God's power through prayer, fasting, and peaceful vigil to end abortion. Campaign calendar allows for daily – on-site vigil hours are 7:00 am –7:00 pm daily. Join us for a monthly Mass and and vigil to pray for respect for all human life, from conception to its natural end. Hosted by the Archdiocese of Vancouver, it takes place on the first Saturday of each month at 9 a.m. (unless otherwise stated below). It begins with Mass, followed by the rosary and other prayers either at a church with Adoration or at a local hospital. All are welcome!

2. Vancouver Life Soldiers: Friday Night Rosary every night during Lent, until Palm Sunday, March 24. Register to join the 40 Days for Life Nightly Rosary here. Join us for a monthly Mass and and vigil to pray for respect for all human life, from conception to its natural end. Hosted by the Archdiocese of Vancouver, it takes place on the first Saturday of each month at 9 a.m. (unless otherwise stated below). It begins with Mass, followed by the rosary and other prayers either at a church with Adoration or at a local hospital. All are welcome!



NORTH SHORE PRO-LIFE

The members of the Board of the North Shore Pro-Life Society are committed to promoting and defending the right to life from conception to natural end. **We are working to increase the awareness of pro-life issues among North Shore parishioners** Please visit our website for more information at North Shore Pro-life (northshoreprolife.org) or email northshoreprolife@gmail.com for more details.

Mission Statement

The Catholic Women's League of Canada calls its members to grow in faith, and to witness to the love of God through ministry and service.

Happy MARCH Birthdays!

Christine Barnowski

Teresa Bobrowska

Rebecca Bond

Mira Borejszo

Bernadette Chapman

Katherine Chapman

Marlene Conlin

Caroline Kemper

Terry King

Sally Matienzo

Dee McInnes

Roselia Moreno

Sr. Honorine Ramanandraibe

Terry Ryznar

Carla Van Buekenhout

Rosanna Van Buekenhout

If someone is missing, please send email to elianests@me.com with name and date of birthday. Thank you.

WEAR a MESSAGE of UNITY!

T-shirt orders are now available for purchase!

Orders will close on March 31, 2024. Please click the button below to visit the store.

Catholic Women Unite T-Shirts



Link: <https://www.cwl.ca/catholic-women-unite-t-shirts-now-available/>



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